

## Self Reflection Work Sheet

Rate yourself in the following areas:  
(1 = low; 4 = high)

**Maturity:**

1                      2                      3                      4

**Willing to read, write, and rewrite:**

1                      2                      3                      4

**Willing to work and rehearse for long periods of focused time:**

1                      2                      3                      4

**Willing to take direction from another student:**

1                      2                      3                      4

**Willing to avoid disputes with classmates and teacher:**

1                      2                      3                      4

**Willing to stay busy and productive for entire class period:**

1                      2                      3                      4

**Willing to re-work tasks until a project is complete:**

1                      2                      3                      4

**Willing to Follow All Rules without being reminded, including all rules pertaining to the clean-room facility:**

1                      2                      3                      4

**ADD TOTAL SCORE AND DIVIDE BY 8**